

St Bernard Dance and Fitness Studio October

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
StB Studio 4803 Tower Avenue St Bernard, OH Questions: Kate: 513-324-3513 or Rec. Dept: 513-641-3137	October Unlimited Class Pass/Fitness Center Pass \$50/mo.- See your Instructor! (cash or check) Regular Class Rates: 1st Class Free/ \$7 Drop-In 10 Class=\$50/ 20 Class=\$85	1	2	3	4	5
		Yoga 9:30-10:30am	NO Tai Chi	PiYo 10:00-11:00am		PiYo 10:00-11:00am
		Rental/Stretch&Strength 7:00-8:00pm	*Zumba Tone (Pat) 5:30-6:30pm	*Zumba (Allison) 7:15-8:15pm		
		6	7	8	9	10
	*ZUMBA (Kate) 10:00-11:00am	Yoga 9:30-10:30am	Tai Chi 10:45-11:45am	PiYo 10:00-11:00am		NO PiYo
	*Zumba (Pat) 5:30-6:30pm	Rental/Stretch&Strength 7:00-8:00pm	*Zumba Tone (Pat) 5:30-6:30pm	*Zumba (Allison) 7:15-8:15pm		
13	14	15	16	17	18	19
	*ZUMBA (Kate) 10:00-11:00am	Yoga 9:30-10:30am	Tai Chi 10:45-11:45am	NO PiYo		NO PiYo
	*Zumba (Pat) 5:30-6:30pm	Rental/Stretch&Strength 7:00-8:00pm	*Zumba Tone (Pat) 5:30-6:30pm	*Zumba (Allison) 7:15-8:15pm		
20	21	22	23	24	25	26
	*ZUMBA (Kate) 10:00-11:00am	Yoga 9:30-10:30am	Tai Chi 10:45-11:45am	PiYo 10:00-11:00am		PiYo 10:00-11:00am
	*Zumba (Pat) 5:30-6:30pm	Rental/Stretch&Strength 7:00-8:00pm	*Zumba Tone (Pat) 5:30-6:30pm	*Zumba (Allison) 7:15-8:15pm		
27	28	29	30	31		
	*ZUMBA (Kate) 10:00-11:00am	Yoga 9:30-10:30am	Tai Chi 10:45-11:45am	PiYo 10:00-11:00am		* HYBRID (In Studio & ZOOM)
	*Zumba (Pat) 5:30-6:30pm	Rental/Stretch&Strength 7:00-8:00pm	*Zumba Tone (Pat) 5:30-6:30pm	NO Zumba		ZOOM Link ID: 997 276 3326 Passcode:StBStudio